

CERTIFICATE OF PARTICIPATION

This is to certify that

**Charlaine van
Staden**

Has successfully participated & completed the
5km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 01:08:46

PACE 13:45/km
OVERALL 85 of 97

GENDER 56 of 66
OPEN 27 of 30

23 June 2019, Sun

Date



BoutTime

Signature

